

Numbers to know
Numeros de telefonos importantes

Child care/family resources:

Guarderias infantiles/recursos para la familia:

Childcare Referral: (877)338-2273

Bright Futures: (970)728-5613

Hilltop Family Resource Center: (970)252-7445

Delta Family Center: (970)874-9517

West End Family Link: (970)864-2245

Child Find:

Provedor de pruebas para evaluar el desarrollo infantil:

Montrose: (970)249-2405

Delta County: (970)874-7607

Ouray, San Miguel, and West Montrose: (970)626-2977

Health Services:

Servicios medicos:

Delta County Memorial Hospital Family Medicine: (970)874-5777

Montrose Memorial Hospital Family Care: (970)249-2211

Mountain Medical Center (Ridgway): (970)626-5123

Telluride Medical Center: (970)728-3848

Uncompahgre Medical Center (Norwood): (970)327-4233

Basin Clinic (Nucla): (970)865-2665

Center for Mental Health: (970)252-3200

24 hour mental health crisis line: (970)252-6220

Department of Health and Human Services:
Departamento de Salud y Servicios Sociales:

Delta: (970)874-2030

Montrose: (970)252-5000

Ouray: (970)626-2299

San Miguel: (970)728-4411

Emergency and Sheriff's Department:
Departamento de Policia y Casos de Emergencias:

Poison control: (800)222-1222
Control de Envenenamiento

Delta County Sheriff: (970)874-2000
Policia de Delta

Montrose County Sheriff: (970)252-4023
Policia de Montrose

Montrose County Sheriff (Nucla): (970)864-2281
Policia de Nucla

Ouray County Sheriff: (970)325-7272
Policia de Ouray

San Miguel County Sheriff-Telluride: (970)728-4442
Policia de Telluride

San Miguel County Sheriff-Norwood: (970)327-4393
Policia de Norwood

Public Libraries:
Bibliotecas publicas:

Delta: (970)874-9630

Montrose: (970)249-9656

Naturita: (970)865-2848

Norwood: (970)327-4833

Ouray: (970)325-4616

Telluride: (970)728-4519

School Districts:

Escuelas por Distritos:

Delta: (970)874-4438

Montrose: (970)249-2653

West End (Nucla/Naturita/Paradox): (970)864-7350

Norwood: (970)327-4336

Ouray: (970)325-4505

Ridgway: (970)626-4320

Telluride: (970)728-6617